

# healthfulnessbyruthy

Cosmetic Injector | Dentist

## **Bio-Stimulator Post-Operative Instructions**

### **Post Op Instructions**

- + After lidocaine bio-stimulator treatment you might experience mild swelling, pain, itching, bruising or discolouration, and sensitivity to pain.
- + It is normal to feel 'firmness' in the treated area for the first few days; over time the area will soften. These possible expected risk are usually mild and related to the procedure. Most are short term and disappears within the first few weeks. If any other side effects appear or you feel unwell, please consult our team as soon as possible.
- + Swelling and numbness may occur post treatment. This can be managed with a cool compress intermittently for 24 hours post treatment, and limiting excessive facial movements until swelling has resolved. A gentle massage with clean hands can be performed if there are any residual lumps post treatment.
- + Avoid excess exposure to UV light, heat such as sauna, and intensive facial treatments up to one week after your procedure.
- + The treated area should be kept clean and free from contamination until injection sites have healed.
- + Monitor the treatment area. If you notice: discoloration of the treated area, or surrounding area, the skin of the face appearing mottled, pustule or cold sore formation or a bruise that looks unusual, consult our team immediately.

### **Further Treatment**

How long the effect of Radiesse® + Lidocaine treatment lasts is dependent on the individual. There are many factors to consider, such as the structure of the skin, your lifestyle and age. The procedure can be repeated. Please consult our team and return to your scheduled follow up appointment, even if you are satisfied with the result.

*Thank you for trusting our team with your healthy beauty journey*